

TESTIMONIALS

'I gained confidence to step up to whatever comes my way' (Debbie)

'I have learnt to speak up for myself, that it is not an inconvenience and if it is too bad!' (Caroline)

'I have learnt that when we work together collectively we have the power to change things' (Jacquie)

'The Leadership program - I never wanted to stop' (Ash)

'I will definitely recommend this program. It's been a real eye opener for me' (Bec)



Enabling Women

THE PROGRAM

Women with Disabilities Victoria (WDV), is seeking women who are passionate about creating positive change in their own lives and their community. We would like you to take part in 'Enabling Women' - a leadership program especially for women with disabilities.

The aim of the program is to equip you with knowledge, skills, tools and networks so you can speak up in your community and make it more welcoming and inclusive.

The program includes:

- *Getting to know yourself better*
- *Our human rights*
- *Communication*
- *Advocacy*
- *A new positive way of looking at disability*
- *Lots of opportunities to learn from each other*
- *Exploring our experiences as women with disabilities*

BENEFITS

- Build your leadership skills
- Increase your understanding of our rights and how to advocate for them
- Expand your community networks
- Build self confidence
- Connect with other women on their journey and share experiences
- Contribute to your community in a meaningful way

YOUR Commitment

- Participate actively in the program
- Embrace the diversity that women of all abilities bring to the program
- Be willing to attend all 5 sessions
- Be willing to know yourself better
- Make an ongoing commitment to advocate for a world where we are respected and can fully experience life. This can be as simple as sharing your views at a WDV forum.

Leadership Program

HOW TO APPLY

Eligibility:

- To be a woman with a Disability
- To live in Victoria

Information:

If you would like to apply for the Enabling Women program, or to find out more, we'd love to hear from you.

Please contact:

Leadership and Partnership Development Officers:

Jane Oldfield
jane.oldfield@wdv.org.au
Phone: 9286 7800 or

Cath McNamara
cath.mcnamara@wdv.org.au
Phone: 9286 7800

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BACKGROUND

This leadership program is a WDV initiative. WDV intends to deliver the program all around Victoria in partnership with local organisations. Where possible these partnerships will be encouraged to continue delivering the program with local facilitators on completion of the first program.

WDV is a not for profit organisation made up of women with disabilities who support women with disabilities to achieve their rights in Victoria.

To learn more about Enabling Women and our organisation visit our website.

www.wdv.org.au

This program would not be possible without the support of the Portland House Foundation.



Leadership Program

Enabling Women

Do you want to create positive change in your own life and community?



A community based Leadership Program for Women with Disabilities

Women with disabilities
victoria